



March Problem Gambling Awareness Month

February 25, 2022

Presenters:

Jasmine Countess, Responsible Gaming Director, Maryland Lottery and Gaming Control Agency

Patrick Martin, Vice President, Regional Compliance, MGM National Harbor

Brenda McNelis, Regulatory Compliance Officer at Ocean Downs Casino

Heather Eshleman, MPH, Prevention Manager, Maryland Center of Excellence on Problem Gambling

Objectives

- 🦋 Learn the history of Problem Gambling Awareness Month (PGAM) and why it is important to raise awareness.
- 🦋 Learn how the Maryland Lottery and Gaming Control Agency promotes PGAM and responsible gambling. Learn about the Maryland Alliance for Responsible Gambling (MARG).
- 🦋 Learn how Maryland casinos, MGM and Ocean Downs, promote PGAM and responsible gambling.
- 🦋 Learn how your organization can help promote PGAM through materials developed by the National Council on Problem Gambling and the Maryland Center of Excellence on Problem Gambling.

MARCH is PROBLEM GAMBLING AWARENESS MONTH (PGAM)

- 🎗️ A national grassroots campaign created and sponsored by the National Council on Problem Gambling (NCPG) (www.ncpgambling.org)
- 🎗️ 2022 is the 18th year for this event, the Center has been promoting PGAM since 2013
- 🎗️ Began as a way to engage the Gaming Industry (state Lottery and Gaming agencies) in a concentrated responsible gambling campaign
- 🎗️ Now expanded as a campaign for all mental health and behavioral health organizations nationally
- 🎗️ Focus is to bring awareness to communities about problem gambling and gambling addiction

Why is Raising Awareness During PGAM Important?

- ⦿ Gambling has risks and can become an addiction for some, similar to alcohol or drug addiction, disproportionately affecting those with mental illnesses, minorities, veterans, youth/young adults, etc.
- ⦿ Approximately 2% of Maryland adults have a gambling problem.
- ⦿ Maryland residents need to know there are free resources for gambling help (1-800-GAMBLER, no cost treatment, free printed materials, prevention grants, etc.)
- ⦿ Gambling problems can be identified early through screening and/or self assessment tools.
- ⦿ Gambling has expanded in Maryland and in the United States at a rapid pace over the last 10-15 years.

Maryland Lottery and Gaming Control Agency

Jasmine Countess, Responsible Gaming Director



**YOU'RE ALWAYS A
WINNER WHEN YOU
PLAY RESPONSIBLY.**



PROBLEM GAMBLING
AWARENESS MONTH
→ HAVE THE CONVERSATION

For help, call

1-800-GAMBLER

COMMITMENT

Responsible Gambling is an *integral* part of Maryland Lottery and Gaming's daily operations.



Responsible gambling (RG) policies affect all aspects of our business, from employee training to advertising and marketing. We also support research and public awareness of responsible gaming.

Promoting Problem Gambling Awareness Month

Strategies

- ✓ Social media messaging
- ✓ Revamped RG webpage
- ✓ State Proclamation
- ✓ Collaboration with the Maryland Alliance on Responsible Gambling



This March,
have a
conversation
with someone
who has been
there...



For most, gambling can be fun. But for some, gambling can get out of control. Take the action to call and have a conversation with a **Peer Recovery Support Specialist** who can help you or a loved one navigate resources and remove barriers on the road to recovery from gambling problems.

If gambling is causing problems for you or anyone you know, call or text the Maryland Helpline **1-800-GAMBLER (1-800-426-2537)** or scan the QR code below or visit www.helpmygamblingproblem.org



Be a Low-Risk Player



**Remember, Lottery games are
for entertainment, not a way to
make money;**

In 2020, we revamped our play responsibly page to remind players to enjoy the games while being mindful of their play.
This resulted in increased RG engagement!

The State of Maryland



Proclamation

From the Governor of the State of Maryland
NATIONAL PROBLEM GAMBLING AWARENESS MONTH
MARCH 2021

WHEREAS, Maryland joins the Maryland Center of Excellence on Problem Gambling and the Maryland Council on Problem Gambling in promoting March, 2021 as National Problem Gambling Awareness Month; and

WHEREAS, Promoting awareness provides individuals in the problem gambling community an opportunity to educate the public and policymakers about the social and financial effectiveness of services available for problem gambling; and

WHEREAS, Problem gambling is a public health issue affecting millions of Americans of all ages, races, and ethnic backgrounds in all communities and which has a significant societal and economic cost; and

WHEREAS, Problem gambling is treatable and treatment is effective in minimizing the harm to both individuals and society as a whole; and

WHEREAS, Numerous individuals, professionals and organizations have dedicated their efforts to the education of the public about problem gambling and the availability and effectiveness of treatment to provide help, hope and recovery for individuals and their families; and

WHEREAS, The Maryland Center of Excellence on Problem Gambling and The Maryland Council on Problem Gambling invite all residents of Maryland to participate in National Problem Gambling Awareness Month.

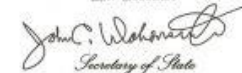
NOW, THEREFORE, I, LAWRENCE J. HOGAN, JR., GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim MARCH 2021 as NATIONAL PROBLEM GAMBLING AWARENESS MONTH in Maryland, and do commend this observance to all of our citizens.



Given Under My Hand and the Great Seal of the State of Maryland,
this _____ day of March,
Two Thousand and twenty-one.


Governor


Lt. Governor


Secretary of State

Maryland Alliance on Responsible Gambling Collaboration

- Development of QR Code by
Center of Excellence
 - Joint Press Release
- Discussion/sharing of NCPG
social media messaging

**If gambling is causing problems for you or anyone
you know, call or text the Maryland Helpline
1-800-GAMBLER (1-800-426-2537) or scan the QR code
below or visit www.helpmygamblingproblem.org**



QR Codes




<https://helpmygamblingproblem.org/>



<https://www.mdgamblinghelp.org/>

Maryland Alliance on Responsible Gambling



could the problem be **gambling**?

- ▶ have you ever felt the **need to bet more and more money**?
- ▶ have you ever had to **lie to people important to you** about how much you gamble?

an answer of **“yes”** to either or both of these questions may indicate a problem with gambling.*

*Johnson, E.E., Hamer, R., Nora, R.M., Tan, B., Eistenstein, N., & Englehart, C. (1988). The lie/bet questionnaire for screening pathological gamblers. Psychological Reports, 80, 83-88.

voluntary exclusion program ▶
learn more and how to apply

counselor **search** ▶

we're here to help, please call

1-800-GAMBLER

**Comprehensive Promotion of
Responsible Gambling**

World Lottery Level III Certification, Responsible Gaming

- Research
- Advertising and Marketing
- Employee Program
- Player Education
- Retailer Program
- Treatment Referral
- Game Design
- Stakeholder Engagement



Ocean Downs Casino MGM National Harbor

Brenda McNelis, Regulatory Compliance Officer, Ocean Downs

Patrick Martin, Vice President, Regional Compliance,
MGM National Harbor



Casinos' Perspective on Responsible Gaming

Ocean Downs:

Brenda McNelis

Regulatory Compliance
Officer



MGM National Harbor:

Patrick Martin

VP of Regional
Compliance



Employee training

- **Ocean Downs:**
 - New Hire Orientation for all employees on RG
 - Annual refresher
 - PGAM
 - RGEW
- **National Harbor:**
 - New Hire Orientation for all employees on RG and GameSense
 - Annual refresher on both
 - Advanced training for GameSense Ambassadors

Prominent RG Messaging

- On social media posts
- Front and Back of House signage
- Pamphlets



1-800-GAMBLER
or visit mdgambinghelp.org



Prominent RG Messaging: VLTs and Ticket Units

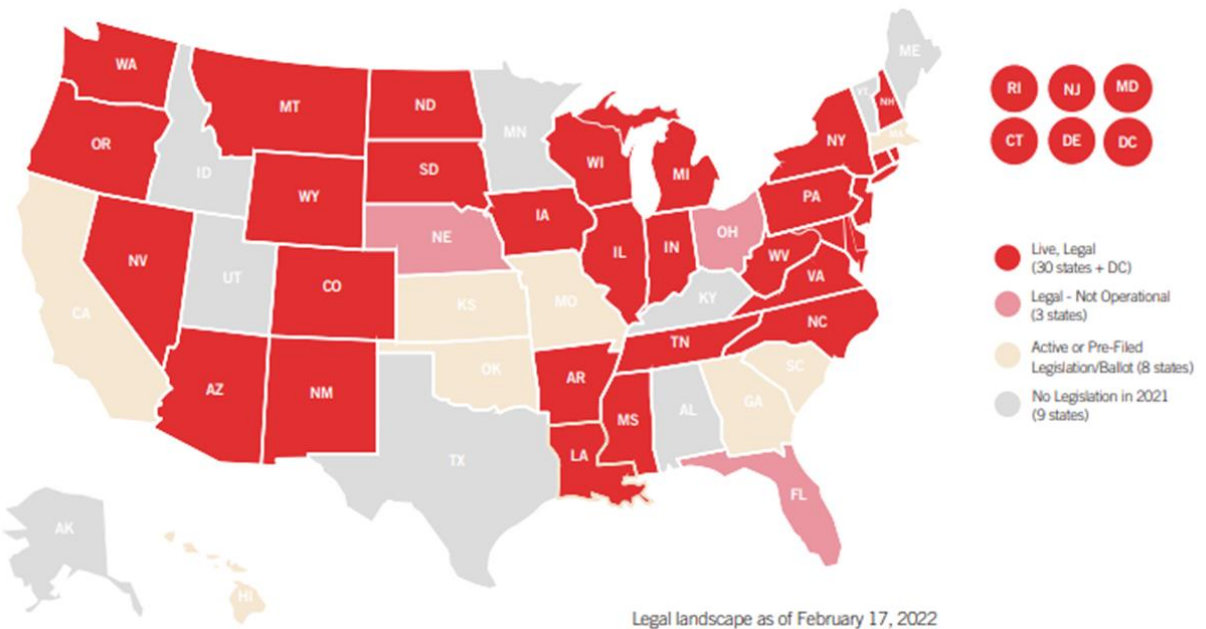


Enforcement of state exclusions

- Intercepted 431 people in 2021.
- Intercepted 290 in (partial year) 2020.
- State requires winnings to be confiscated and sent to treatment fund.
- Possible trespass charges is deterrent.

New Topic: Sports Wagering

Legal Sports Betting in the U.S.



Maryland Casino's Positive Economic Impact



GAMING BY THE NUMBERS

Maryland

Maryland is home to commercial gaming operators that support jobs for more than 15,000 Marylanders and \$962.2 million in tax revenue annually for all levels of government. Gaming tax revenue funds critical school construction projects and is essential to Maryland's public education system. State gaming taxes are also allocated to support small and minority-owned businesses in Maryland, as well as its horse racing industry.

6
Casino Gaming
Locations*



15,364
Jobs Supported



\$2.96 Billion
Annual Economic Impact



\$962.2 Million
Tax Impact

* All location data is as of Dec. 31, 2021.

 **AMERICAN
GAMING
ASSOCIATION**

Problem Gambling Awareness Month at Ocean Downs



- Displays BOH and FOH
- **Blue** Ribbon Lapel Pins
- Posters
- Digital Signage
- Balloons
- Lawn Stakes
- Weekly Facebook Posts
- Instagram
- BOH Peer Counselors



Problem Gambling Awareness Month Resources



- **Team Activities/Games**
- PGAM Word Search
- PGAM Scavenger Hunt
- RG Interactive Games
- Department Competition



TEAM SCAVENGER HUNT

PROBLEM GAMBLING AWARENESS MONTH
→ AWARENESS • ACTION

OCEAN DOWNS CASINO

Name: _____

Department: _____

Problem Gambling Awareness Month
Search for word

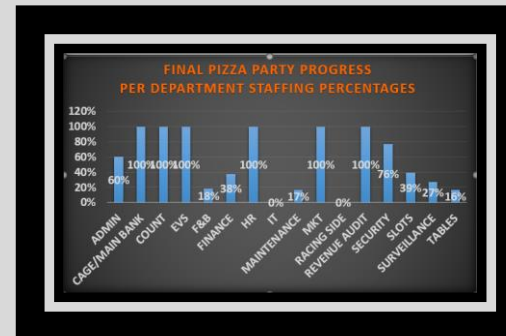
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G	G	P	D	V	G	P	Z	S	X	R	X	H	F	T	A	T	U	Y	D
J	V	U	P	R	K	I	I	B	I	F	X	I	P	K	N	I	I	B	H
V	N	N	M	Z	H	Q	Y	Z	J	T	A	Z	V	Y	G	O	W	Z	Z
R	M	H	L	D	Z	B	Y	X	M	E	N	V	U	O	J	N	P	E	U

BUDGET	RESPONSIBLE	FUN
PLAN	AWARENESS	ACTION
HELPLINE	ENTERTAINMENT	PROBLEM
GAMBLING	REACH OUT	SUPPORT
CONVERSATION		

Problem Gambling Awareness Month Team Rewards



- **Team Rewards**
- PGAM Patrol Team - Treats
- Cookies
- Pizza Party
- Gift Cards



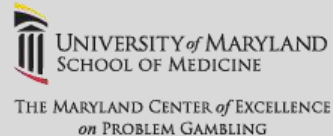
Problem Gambling Awareness Month Resources



- **Responsible Gambling Resources**



<https://www.mdproblemgambling.com>



National Council on Problem Gambling

<https://www.ncpgambling.org/programs-resources/programs/pgam/>

Call 1-800-522-4700

ncpgambling.org

Changing the Conversation
with

GameSense



MGM RESORTS
INTERNATIONAL®

GameSense

Where we started



We all start somewhere

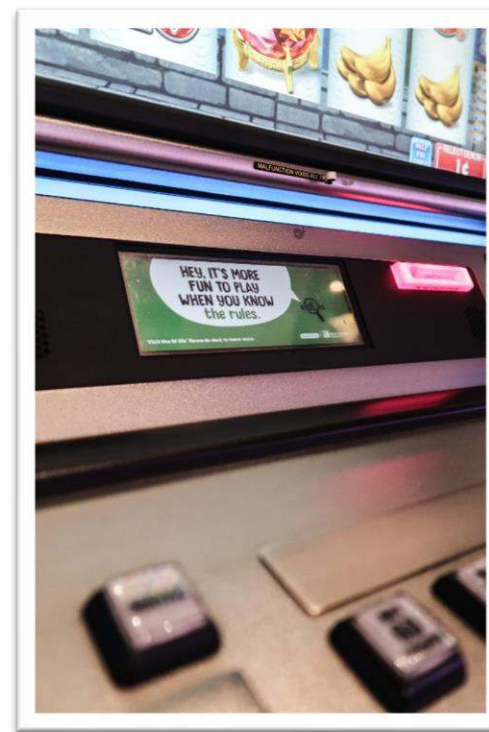
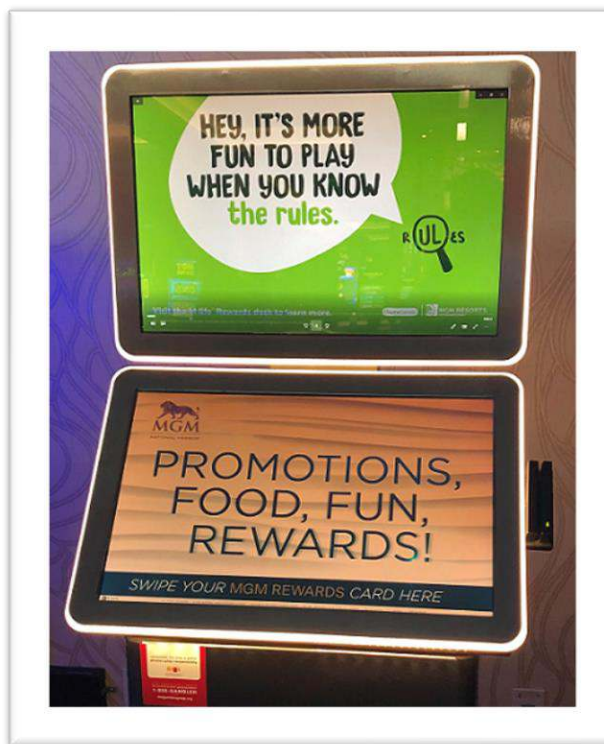
- Responsible gaming efforts were reactive
- Focus was on identifying problem gambling not responsible gambling
- We weren't studying our responsible gaming measures
- In many cases, employees were unsure how to act

MGM Springfield: new approach





Print collateral & digital media



MGM RESORTS
INTERNATIONAL®



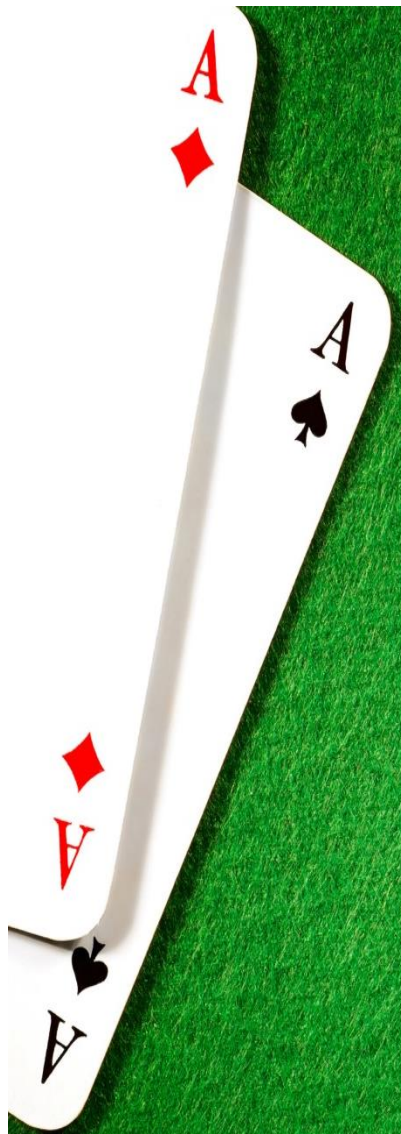
Marquees and social media



MGM RESORTS
INTERNATIONAL®

GameSense

FACT OR MYTH





FACT OR MYTH

If I play long enough, eventually I can win back all the money I've lost.

FACT

MYTH

The image features a green felt background, typical of a casino table. In the upper left corner, several playing cards are visible, including the Ace of Diamonds and the Ace of Spades. In the center, a white rectangular sign with rounded corners and a thick white border contains the word "MYTH" in large, bold, white capital letters. In the lower right corner, a portion of a card with a green and white plaid pattern is visible.

MYTH

The longer you play the more money you're likely to lose. "Chasing losses" almost always leads to bigger losses.



FACT OR MYTH

Holding my lucky rabbit's foot, crossing my fingers,
or blowing on dice will improve my chances of
winning.

FACT

MYTH

The image features a green felt background, typical of a casino table. In the top left corner, several playing cards are visible, including the Ace of Diamonds and the Ace of Spades. In the center, a white rounded rectangle contains the word 'MYTH' in bold, white, serif capital letters. In the bottom right corner, a portion of a card with a green and white plaid pattern is visible.

MYTH

Lucky charms and rituals may be fun and help you enjoy the game more, but they won't increase your chances of winning. The outcome of any game is always random and always unknown.



FACT OR MYTH

I'm an experienced card player so I may make better decisions and have a better chance of winning than a beginner.

FACT

MYTH

The background is a green felt surface. On the left, several playing cards are visible, including the Ace of Diamonds and the Ace of Spades. In the center, there is a white rounded rectangle with the word 'FACT' in bold, black, serif capital letters. On the right, a portion of a card with a green and white plaid pattern is visible.

FACT

While skill and experience may help to improve your odds in skill-based games such as poker, you still cannot control the cards you are dealt or how other players will play their cards.



FACT OR MYTH

I've been playing one slot machine
all evening and it hasn't paid out yet.
It must be due for a win.

FACT

MYTH

The image features a green felt background, typical of a casino table. In the upper left corner, several playing cards are visible, including the Ace of Diamonds and the Ace of Spades. In the lower right corner, a portion of a card with a green and white plaid pattern is visible. Centered in the upper half is a white, rounded rectangular label with the word 'MYTH' in bold, black, serif capital letters.

MYTH

All machines are programmed to pay out
at random. Each spin is random and unaffected by
prior results.

Presentation
Complete

Thank you!

Questions?

MGM National Harbor:

Patrick Martin

VP of Regional
Compliance



Ocean Downs:

Brenda McNelis

Regulatory
Compliance Officer

Problem Gambling Awareness Month Discussion of Two Guides:

- 🎗 Problem Gambling Awareness Month: Gambling Disorder
Screening Day: **March 8, 2022**
- 🎗 Problem Gambling Awareness Month: A Guide for Behavioral
Health Providers and Preventionists

March 2022 PGAM Screening Guide



March 2022

Gambling Disorder Screening Day
March 8, 2022

A Guide for Behavioral Health Providers



The Maryland Center of Excellence
on Problem Gambling

Introduction and Overview

Problem Gambling Awareness Month (PGAM), held each March, is a grassroots public awareness and outreach campaign created and sponsored by the National Council on Problem Gambling (NCPG) to educate the general public and healthcare professionals on problem gambling. The focus is to elicit discussions and to “Have the Conversation” about the risks of gambling, the signs of problem gambling, and the resources available nationally and here in Maryland to provide help, hope and recovery for individuals and their families.

MARCH 8, 2022 Gambling Disorder Screening Day, an annual one-day event on the second Tuesday in March, was developed by NCPG and the Cambridge Health Alliance Division on Addiction to educate and support health care providers in screening for Gambling Disorder. Screening, although not a diagnosis, helps to identify individuals who should seek further assessment for potential gambling-related problems.

This guide was developed to encourage healthcare providers to screen clients for problem gambling. The Guide provides the tools and resources to integrate the screening of Problem Gambling/Gambling Disorder into your agency’s current processes and protocols.

This March, we invite you to join us in promoting AWARENESS of problem gambling and taking ACTION to SCREEN for Gambling Disorder providing help and hope to Maryland residents who struggle with this hidden addiction.

Mary Drexler, MSW
Program Director
(667) 214-2121
mdrexler@som.umaryland.edu



Included in this Guide:

- ✓ How to Integrate
- ✓ How to Screen
- ✓ How to Engage
- ✓ Resources
- ✓ DSM 5 Handout
- ✓ Brief Screen Handout
- ✓ PG Reimbursement Program Handout
- ✓ Case Consultation Calls Handout
- ✓ Peer Support Program Handout
- ✓ Awareness Materials Order Form

ACKNOWLEDGMENTS

This Guide is a compilation of information provided by the National Council on Problem Gambling (NCPG), The Cambridge Health Alliance Division on Addiction, other national and local agencies, and The Center.

MARCH 8th is Gambling Disorder Screening Day

- ⦿ One day event, always held on the second Tuesday in March
- ⦿ Created by the National Council on Problem Gambling and the Cambridge Health Alliance Division on Addiction in Malden, Massachusetts at Harvard Medical School
- ⦿ Purpose to educate and support health care providers in screening for gambling disorder
- ⦿ Screening helps to identify individuals who need further assessment
- ⦿ Use the Gambling Disorder Screening Day guide, created by the Center for all the information you need to participate

Reasons to Participate in Gambling Disorder Screening Day (GDSD)




- ⦿ Second year the Center has encouraged participation in GDSC
- ⦿ Can be healthcare, treatment, prevention, recovery support, etc. provider
- ⦿ Encouraging behavioral health providers because the individuals they work with are at greater risk of gambling disorder
- ⦿ Gambling behaviors may have an adverse impact on health and treatment outcomes
- ⦿ Untreated gambling problems can lead to increase treatment costs and service utilization.
- ⦿ Gambling may become an addiction
- ⦿ Gambling can be a relapse risk factor
- ⦿ Problem gambling may worsen mental health problems
- ⦿ Untreated problem gambling behaviors affect the family through unpaid bills, housing instability, legal problems, domestic violence and child maltreatment

Goals of Screening






- ⦿ Begin the conversation about gambling
- ⦿ Begin to make connections between gambling and other major life areas
- ⦿ Reduce the stigma of reaching out for problem gambling help
- ⦿ Encourage those to get further assessment, if needed

How to Participate in Gambling Disorder Screening Day (GDSD)

Prepare:

-  Use the flyer or one of your own to promote screening day.
-  Post on social media, send out an email contacts, add information to newsletters
-  Get staff involved

On Screening Day :

-  Begin with conversation about gambling
-  Screen every client with the Brief Biosocial Gambling Screen
-  Discuss the results
-  Provide additional resources, if needed
-  Contact Kristen Beall, LCSW-C, CAC-AD, Clinical Manager, for more information, krbeall@som.umaryland.edu



March 8, 2022 Gambling Disorder Screening Day

Gambling problems
often go undetected.

A problem gambler will
affect 7-10 people
in their immediate circle.

People can be addicted
to gambling.

Recovery from gambling
problems is possible.



SCREENING for problem gambling/gambling disorder can open the conversation about gambling and provide a direct connection to helpful resources, such as “no cost” counseling for Maryland residents.

If gambling is causing problems for you or anyone you know, call or text the Maryland Helpline 1-800-GAMBLER (1-800-426-2537) or scan the QR code below or visit www.helpmygamblingproblem.org



What if Someone You Ask Declines Participation in the Screen?

Problem Gambling Self-Assessment

helpmygamblingproblem.org

Click here to begin the assessment.

 **HELP** *for problem gambling*

ASSESSMENT





This March:

Join the Center in promoting **AWARENESS**
and taking **ACTION**! Use the Problem Gambling
Awareness Month A Guide for Behavioral Health
Providers and Preventionists

March 2022 PGAM Guide



March 2022

A Guide for Behavioral Health Providers and Preventionists



The Maryland Center of Excellence
on Problem Gambling



Introduction and Overview

Problem Gambling Awareness Month (PGAM), held each March, is a grassroots public awareness and outreach campaign created and sponsored by the National Council on Problem Gambling to educate the general public and healthcare professionals on problem gambling. The focus is to elicit discussions and to “*Have the Conversation*” about the risks of gambling, the signs of problem gambling, and the resources available nationally and here in Maryland to provide help, hope and recovery for individuals and their families.

“*Have the Conversation*” is more than just all talk. It is an opportunity for an open dialogue and candid discussion to bring awareness to gambling behaviors and resources available within your community if an individual’s gambling becomes problematic. It is also an opportunity to promote action within your organization for integrating problem gambling and gambling disorder into your existing treatment and recovery services.

The Center is committed to reducing stigma and making resources available for help and hope to those and their families in Maryland who suffer in silence from this hidden addiction. For the second year, the Center is expanding its awareness activities by encouraging all organizations to participate in **National Gambling Disorder Screening Day** on **Tuesday, March 8, 2022**.

This March, we invite you to join us in promoting **AWARENESS** of problem gambling and taking **ACTION** to foster the health and well-being of Maryland residents.

Mary Drexler, MSW
Program Director
(667) 214-2121
mdrexler@som.umaryland.edu

To print: this guide was designed to be printed double sided, long edge.

ACKNOWLEDGMENTS

This Guide is a compilation of information provided by the National Council on Problem Gambling (NCPG), other National organizations, and the Center.

Sample Article/ Blog Post

Sample Article/Blog Post

March is **Problem Gambling Awareness Month**, an annual grassroots public awareness and outreach campaign established by the National Council on Problem Gambling to educate the general public and healthcare professionals about the warning signs of problem gambling and raise awareness about the help and resources available.

For most, gambling can be fun. But for some, gambling can get out of control resulting in financial problems, legal issues, family/relationship conflict and even suicide attempts. Signs someone may have a gambling problem:

- ✓ Preoccupation with gambling.
- ✓ Secretive about his/her gambling habits, and defensive when confronted.
- ✓ Trying unsuccessfully to control, cut back, or stop gambling.
- ✓ Restless or irritable when not gambling.
- ✓ Gambling to escape problems.
- ✓ Trying to win back losses by more gambling.
- ✓ Lying to family and others about the extent of gambling.
- ✓ Jeopardizing or losing relationships, jobs, or career opportunities because of gambling.
- ✓ Relying on others to bail him or her out to relieve financial problems.

Here are some tips to begin the conversation with your family, your co-workers and your community:

- ✓ Choose the right time.
- ✓ Ask open ended conversations, like: what do you like about gambling?
- ✓ Listen non-judgmentally to what the person is saying.

If you know someone who is gambling problematically, it's important to have a non-judgmental and an open conversation:

- ✓ Let the person know you are concerned for them in a caring manner.
- ✓ Be specific about the behaviors you have seen.
- ✓ Let them know you are will to help, getting them to support and counseling.

Resources and confidential help is available at no cost 24/7 through the **Maryland Problem Gambling Helpline 1-800-GAMBLER**: be connected to treatment provider offering "no cost" counseling; have a conversation with a Peer Support Specialist who *has been there*; and receive

PGAM Email Signatures



Email Signatures

Signature ideas to add into your organization's email or post them on your Facebook page:

PGAM Email Signature #1:



This March be **AWARE** of the risks of gambling
And take **ACTION** for help and hope.

HELPLINE: 1-800-GAMBLER ~ helpmygamblingproblem.org

PGAM Email Signature #2:

March 2021 is



Center Social Media Accounts

- We invite you to engage and share with the Center's social media messaging in March:
- Like us on [FACEBOOK](#) or Share our posts
- Follow us on [TWITTER](#) then retweet or like
- Use #PGAM2022 on social media

Create Your Own Posts for Social Media

- Suggested Link: helpmygamblingproblem.org
- On or before March 8th to promote screening day. Example: “Tuesday, March 8th is National Screening Day for gambling disorder”
- On or after March 13th to raise awareness of NCAA Basketball brackets. Example: “Take the madness out of gambling – only gamble on basketball brackets that you can afford to lose”
- General posts to be used anytime in March. Example: “March is Problem Gambling Awareness Month”
- OR go to National Council on Problem Gambling, 31 Days of Social Media posts in English and Spanish:
https://docs.google.com/document/d/1GbELxvHCyrUpkCNAz1KPuwwgV7PC_fXa/edit

Promote Awareness PGAM 2021

- Post flyers or send them electronically to contacts
- Add PGAM logo on your website
- Request a proclamation announcing PGAM, NCPG sample found here:
<https://docs.google.com/document/d/1AxJRKWbIQQInq0KEcSDHzP1lpNwi7490/edit>
- Issue a press release, NCPG sample:
https://docs.google.com/document/d/1VYlv61xDwEt3zrdhuF0-l22sr0ehR_YY/edit
- Order no cost materials for your organization.
- Use QR codes on your own materials, copy and paste from Jasmine's presentation or contact us.

Promote Awareness PGAM 2022

Flyers Available Electronically for Printing (included in the Awareness Guide)

**This March,
have a
conversation
with someone
who has been
there...**



For most, gambling can be fun. But gambling can get out of control. Take a call and have a conversation with a **Support Specialist** who can help you navigate resources and remove the road to recovery from gambling problems.

If gambling is causing problems for you or anyone you know, call or text the Maryland Helpline **1-800-GAMBLER (1-800-426-2537)** or visit www.helpmvgamblingproblem.org with a Peer Recovery Support Specialist.

**This March, take
the “madness”
out of Gambling**

The 2021 NCAA Basketball tournament begins on March 18th. Excitement is building, and many look forward to completing tournament brackets, whether sponsored by an organization or through friends.



For most, completing and “betting” on March basketball brackets is a competitive group activity. But for some, this activity may be a more problematic approach to gambling.

Here are a few tips to take the madness out of March Madness:

- Only gamble what you can afford to lose – set a dollar limit within it!
- View tournament pools as a form of entertainment – do not view gambling losses or view tournament pools as a way to make money.
- Limit alcohol use when gambling.
- Participate as part of a fun group activity – avoid gambling when you are alone or depressed.

If gambling is causing problems for you or anyone you know, call or text the Maryland Helpline **1-800-GAMBLER** or visit www.helpmvgamblingproblem.org

For some, gambling behavior can become a problem. And it’s not just an individual problem, it affects the whole family.



Be **AWARE** of the risks of gambling ~ Take **ACTION** for help and hope

If gambling is causing problems for you or anyone you know, call or text the Maryland Helpline **1-800-GAMBLER (1-800-426-2537)** or visit www.helpmvgamblingproblem.org

Promote Awareness PGAM 2022

Flyer - Helpline-Have the Conversation QR.pdf - Adobe Acrobat Reader DC (32-bit)

File Edit View Sign Window Help

Home Tools Flyer - Helpline-Ha... x

Sign In

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**HAVE THE
CONVERSATION...
1-800-GAMBLER**

About the risks
of gambling and
how to keep
gambling safe


Call, Text (1-800-426-2537)
or Chat (helpmygamblingproblem.org)

- Confidential, 24-7
- Knowledgeable listeners
- Resources for help and information
- Referrals to counselors

helpmygamblingproblem.org

 UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE

The Maryland Center of Excellence
on Problem Gambling



Type here to search

58°F Cloudy 11:40 AM 2/22/2022

Promote Awareness PGAM 2022

Awareness Materials to Order at No Cost

Public Awareness Materials - Order Form, revised February 2022.pdf - Adobe Acrobat Reader DC (32-bit)

File Edit View Sign Window Help

Home Tools Public Awareness ... x

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The Maryland Center of Excellence on Problem Gambling offers a wide variety of materials at no cost for your organization and community to promote awareness of gambling risks; responsible gambling practices; signs of problem gambling/gambling addiction; and resources for treatment and recovery.

Please download and complete the following order form and submit the completed form by fax (410-799-4396) or by email (info@mdproblemgambling.com). Materials will be mailed within 5-7 business days.

For additional questions on the Center's Awareness initiatives, please contact: Mike Kafes, Communications Manager at (667) 214-2120 or info@mdproblemgambling.com or visit www.mdproblemgambling.com.

Public Awareness Materials - Order Form

Recipient Mailing Address:

ATTN: (Name)		
Email:		
Phone Number:		
Agency Name:		
Address 1:		
Address 2:		
City:	State:	Zip:

Please add me to the Center's e-list for future communications (check the box to the right) ☐

Materials Requested: *Limited Quantities

Quantity	Item	Quantity	Item
	Rack Card - Gambling and The Family		Small Card - Have the Conversation
	Rack Card - Signs		Small Card - Recovery Card
	Rack Card - If you think Gambling is a Solution		Small Turtle Low Risk-High Risk Cards
	Rack Card - Peer Support, Individuals side one/Families side two		Recovery Cards
	Tri-Fold Brochure - Resources/Recovery		*11"x17" Poster - Only gamble what you can afford to lose (Young Adults)
	Tri-Fold Brochure - Gambling Peer Recovery Support Specialist		*11"x17" Poster - Set a limit, Stay within it (Older Adults)
			*11"x17" Helpline - Gambling problem? We have a solution
*Documentary DVD: Maximum Five (5) Per Request			
	Understanding Joy: The Devastation of Gambling Addiction (20 minutes)		Opiate Use and Gambling (15 minutes)
	Glenn's Gamble: A Marine's Battle for Gambling Addiction Recovery (25 minutes)		Voices of Gambling Recovery (5 minutes)
Flyers 8.5"x11"			

Flyers are available on a variety of topics, including monthly awareness campaigns. Please contact us at info@mdproblemgambling.com or (667) 214-2120 for more information.

Additional Information Found on NCPG website

- 🔗 <https://www.ncpgambling.org/programs-resources/programs/pgam/>
- 🔗 PGAM Toolkit
- 🔗 The 2022 PGAM theme is “Awareness + Action” and #PGAM2022
- 🔗 Frequently asked questions/ fact sheet
- 🔗 Share PGAM events on the website and see events across Nation
- 🔗 Sample press release
- 🔗 Sample official proclamation
- 🔗 Links to recommended videos and articles:
http://158bvz3v7mohkq9oid5904e0-wpengine.netdna-ssl.com/wp-content/uploads/2022/02/2022_Podcast_PG-Content.pdf
- 🔗 Logos and graphics
- 🔗 Opportunities to attend other State’s annual conferences virtually

Thank You

