

For some, gambling behavior can become a problem. And it's not just an individual problem, it affects the whole family.



Be **AWARE** of the risks of gambling ~ Take **ACTION** for help and hope

If gambling is causing problems for you or anyone you know, call or text the Maryland Helpline 1-800-GAMBLER (1-800-426-2537) or scan the QR code below or visit www.helpmygamblingproblem.org

 UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE
The Maryland Center of Excellence
on Problem Gambling



**PROBLEM GAMBLING
AWARENESS MONTH**
→ AWARENESS • ACTION