

# March 8, 2022

## Gambling Disorder Screening Day

**Gambling problems  
often go undetected.**

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**A problem gambler will  
affect 7-10 people  
in their immediate circle.**

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**People can be addicted  
to gambling.**

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**Recovery from gambling  
problems is possible.**



**SCREENING** for problem gambling/gambling disorder can open the conversation about gambling and provide a direct connection to helpful resources, such as “no cost” counseling for Maryland residents.

**If gambling is causing problems for you or anyone  
you know, call or text the Maryland Helpline  
1-800-GAMBLER (1-800-426-2537) or scan the QR code  
below or visit [www.helpmygamblingproblem.org](http://www.helpmygamblingproblem.org)**



UNIVERSITY of MARYLAND  
SCHOOL OF MEDICINE

The Maryland Center of Excellence  
on Problem Gambling



**PROBLEM GAMBLING  
AWARENESS MONTH**  
→ AWARENESS • ACTION