



**Gambling and the Family**

Problem gambling is not just an individual problem, but can disrupt entire families. Help is available and recovery is possible for families who are dealing with a gambling addiction.

- Warning signs there may be a problem:**
- Preoccupation with gambling
  - Unexplained debt or other financial problems
  - Unaccounted for mood changes
  - Isolation and withdrawal from family and friends
  - Secrecy about bills, bank statements and other financial data
  - Missing personal items such as phones, jewelry, other valuables
  - Borrowing of money from family, friends or employees

If any of these statements sound like someone you know, we can help!

**Call 1-800-GAMBLER**  
IT'S FREE AND CONFIDENTIAL 24/7.

**The Maryland Center of Excellence on Problem Gambling** offers a wide variety of materials at no cost for your organization and community to promote: awareness of gambling risks; responsible gambling practices; signs of problem gambling/gambling addiction; and resources for treatment and recovery.

Please download and complete the following order form, and submit the completed form by email ([Info@mdproblemgambling.com](mailto:Info@mdproblemgambling.com)) or by fax (410-799-4396). Materials will be mailed within 5-7 business days.

For additional questions on the Center's Awareness initiatives, please contact: Donna Gaspar, Communications Manager at 667-214-2120 or [info@mdproblemgambling.com](mailto:info@mdproblemgambling.com) or visit [www.mdproblemgambling.com](http://www.mdproblemgambling.com).

**HAVE THE CONVERSATION**  
about the risks of gambling and how to keep gambling safe with

- ... your family
- ... your friends
- ... your community
- ... your clients

Maryland Problem Gambling Helpline – 1-800-GAMBLER

## Public Awareness Materials – Order Form

**Mailing Address:**

<b>ATTN: (Name)</b>			
<b>Email:</b>			
<b>Phone Number:</b>			
<b>Agency Name:</b>			
<b>Address 1:</b>			
<b>Address 2:</b>			
<b>City, State:</b>		<b>Zip</b>	
Please add me to the Center's e-list for future communications (check the box to the right)			<input type="checkbox"/>

**Materials Requested:**

Quantity	Item:
	Rack Card – Gambling and The Family
	Rack Card – Signs
	Rack Card – If you think Gambling is a Solution
	Rack Card – Peer Support, Individuals side one/Families side two
	Tri-Fold Brochure - Resources/Recovery
	Tri-Fold Brochure – Gambling Peer Recovery Support Specialist
	Small Card - Have the Conversation
	Small Card - Recovery Card
	Small Turtle Low Risk-High Risk Cards Recovery Cards
<b>Documentary DVDs:</b>	
	Understanding Joy: The Devastation of Gambling Addiction (30 minutes)
	Glenn's Gamble: A Marine's Battle for Gambling Addiction Recovery (25 minutes)
	Opiate Use and Gambling (15 minutes)
	Voices of Gambling Recovery (5 minutes)
<b>Flyers (8.5" x 11") available upon request</b>	