

For some, gambling behavior can become a problem. And it's not just an individual problem, it affects the whole family.



Be **AWARE** of the risks of gambling ~ Take **ACTION** for help and hope

If gambling is causing problems for you or any one you know, call or text the Maryland Helpline

1-800-GAMBLER (1-800-426-2537) or visit www.helpmygamblingproblem.org



The Maryland Center of Excellence
on Problem Gambling



**PROBLEM GAMBLING
AWARENESS MONTH**

→ **AWARENESS+ACTION**