

Peer Recovery Support For Problem Gambling

Personal Insights As Shared By
The Center's Certified Peer
Recovery Support Specialists

Meet the Center's Peer Team



Kenneth (Kenny) Crawford
CPRS, CRC
Eastern Shore



William (Will) Hinman
CPRS, CRC
Southern Region



Carrie Jenkins,
CPRS, ICRC, RPS
Baltimore City



Carin Miller
CPRS, CRC
Western Region



Kenneth (Ken) Wolfson
CPRS, CRC, RPS
Central Region

Learning Objectives

- ✓ Understand the history and effectiveness of Peer Recovery Support in general and within Maryland
- ✓ Learn how Peer Recovery Support for problem gambling/disordered gambling differs from other addiction support
- ✓ Learn about the resources available for problem gambling Peer Support and how to engage the Center's Peer team



Let's Take a Quick Poll

1. How many of you have worked with Peer Support in any capacity?
2. How many of you have engaged the Center's Peer team for Problem Gambling support?

What is Peer Support?

Builds and nurtures relationships
between peers.



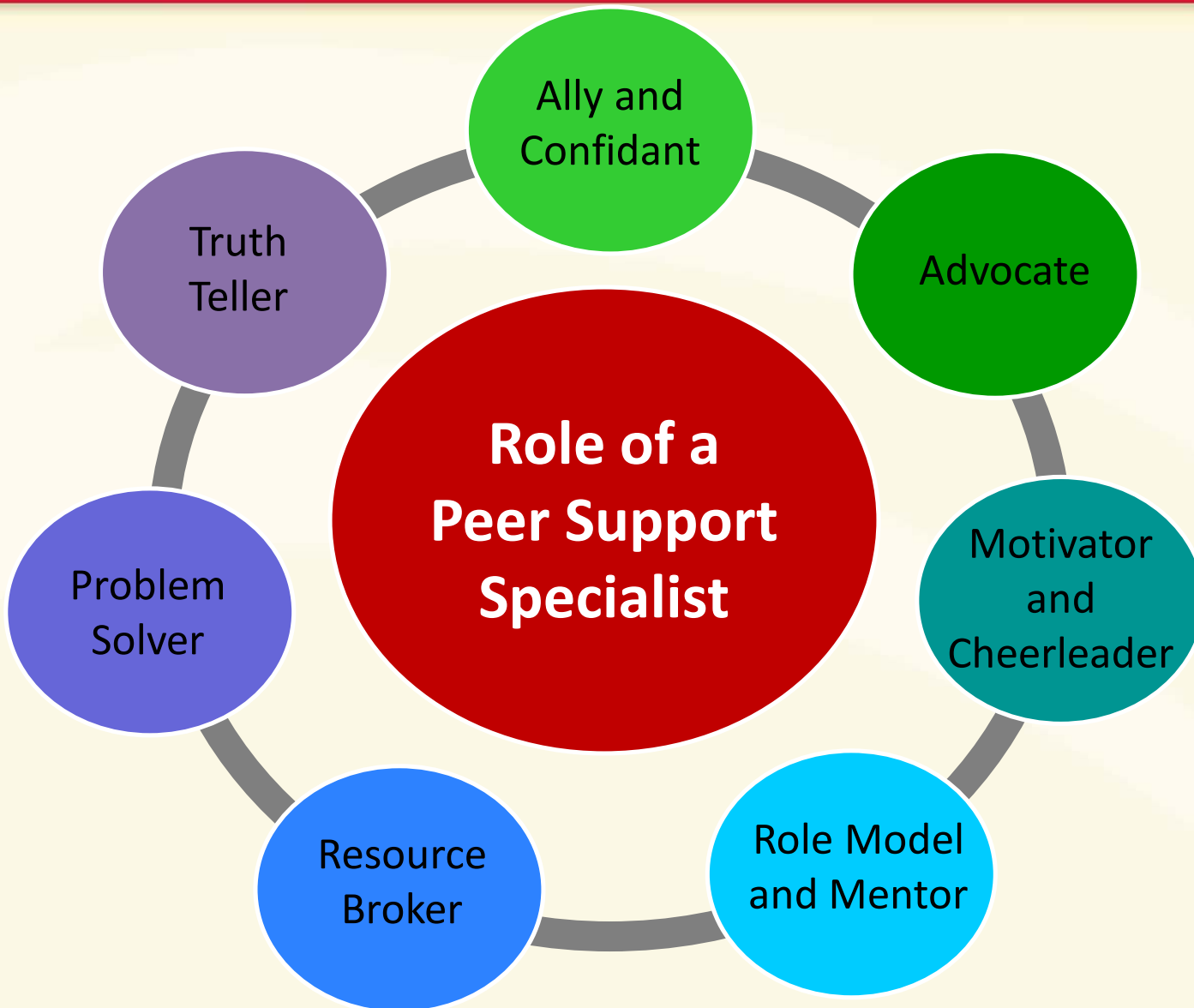
Assists individuals in their journey in
recovery and wellness.



Inspires hope and optimism.



Reinforces that recovery is possible.





Peer Support in Maryland

Maryland is one of a few states in the U.S. that offer problem gambling peer support for individuals and family members.

The peer recovery profession is rapidly growing, expanding the communities served.

In Maryland, there are many types of peer recovery supports, including support for problem gambling.

**Gambling recovery does
not need to be a solo journey...
have the conversation
with someone who
“has been there.”**



Peer Support for Problem Gambling /Disordered Gambling

In FY2017, Maryland Department of Health’s Behavioral Health Administration (BHA) funded the Center to develop Peer Support for problem gambling to individuals.

The Center’s Peers work closely with Maryland Coalition of Families (MCF), also funded by BHA to provide peer support to families struggling with problem gambling.

The Center’s Peers collaborate with key strategic partners, such as the Maryland Council on Problem Gambling (MCPG).

In FY20
(July 2019-June 2020),
145 new clients were
actively served by the
Center's Peers.

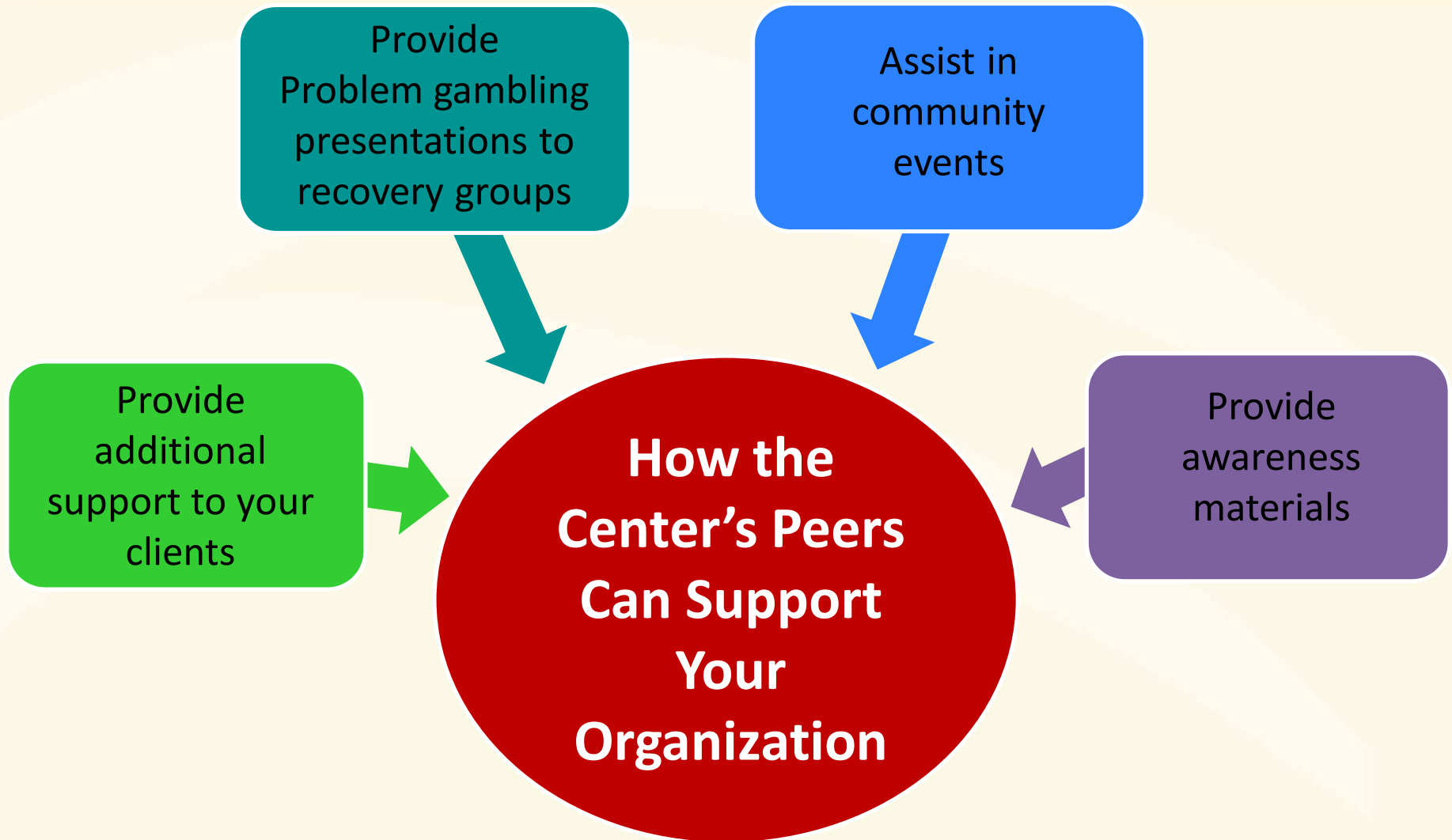
Peer Support for Problem Gambling /Disordered Gambling

Help individuals limit, control, or stop gambling

Help access “no cost treatment”

Assist in connecting to resources for additional support, such as Gamblers Anonymous (GA), credit counseling, etc.

Offer support and encouragement to continue to work toward recovery goals and assist in removing any barriers to recovery





Carin Miller, CPRS, CRC
Carin.miller@som.umaryland.edu
Mobile: 410-299-1308

Insights of Peer Support in the Western Region

Allegany, Frederick, Garrett and Washington Counties

REGIONAL DATA HIGHLIGHTS:

- ✓ 20% of Western Region residents over age 18 are frequent gamblers. (Tracy et al., 2017)
- ✓ In FY20 (July 2019-June 2020), due to expanded outreach in this region, help seeker calls into the Maryland Helpline were recorded in every county including Garrett County which had not recorded a help seeker call since June 2014. (LACG)
- ✓ 28% of Garrett County 12th graders reported gambling in the last year, the second highest in the state. (YRBS, 2018)



Insights of Peer Support in the Central Region

Baltimore, Carroll, Cecil, Harford and Howard Counties

Kenneth (Ken) Wolfson, CPRS, CRC, RPS

kwolfson@som.umaryland.edu

Mobile: 443-690-9811

REGIONAL DATA HIGHLIGHTS:

- ✓ 19% of residents 18 and older in the Central region gamble frequently (weekly). (Tracy et al., 2017)
- ✓ In FY20 (July 2019-June 2020), help seeker calls into the Maryland Helpline from Baltimore County represented 59% of total calls received from this region. (LACG)
- ✓ 24% of Baltimore County high school students reported gambling in the last year, the third highest in the state. (YRBS, 2018)



William (Will) Hinman, CPRS, CRC
whinman@som.umaryland.edu
Mobile: 443-717-2439

Insights of Peer Support in the Southern Region

Ann Arundel, Calvert, Charles, Montgomery, Prince George's
and St. Mary's Counties

REGIONAL DATA HIGHLIGHTS:

- ✓ 3% of Southern Region residents over age 18 are disordered gamblers. (Tracy et al., 2017)
- ✓ In FY20 (July 2019-June 2020), help seeker calls into the Maryland Helpline from this region represented 29% of total calls received across the state; of that number, 40% were from Prince George's County. (LACG)
- ✓ 26% of Prince George's County high school students reported gambling in the last year, the second highest in the state. (YRBS, 2018)



Insights of Peer Support in Baltimore City

Carrie Jenkins, CPRS, ICRC, RPS
Carrie.jenkins@som.umaryland.edu
Mobile: 410-299-1791

REGIONAL DATA HIGHLIGHTS:

- ✓ Baltimore City has the second highest number of lottery retailers per population at 110 per 100,000 population. (Maryland Lottery and Gaming Control Agency Annual Financial Report, 2019)
- ✓ In FY20 (July 2019-June 2020), help seeker calls into the Maryland Helpline from Baltimore City represented the highest percentage (13%) of calls received in a single jurisdiction. (LACG)
- ✓ 40% of male high school students in Baltimore City reported gambling in the last year, the highest percentage in the state. (YRBS, 2018)

Insights of Peer Support in the Eastern Shore

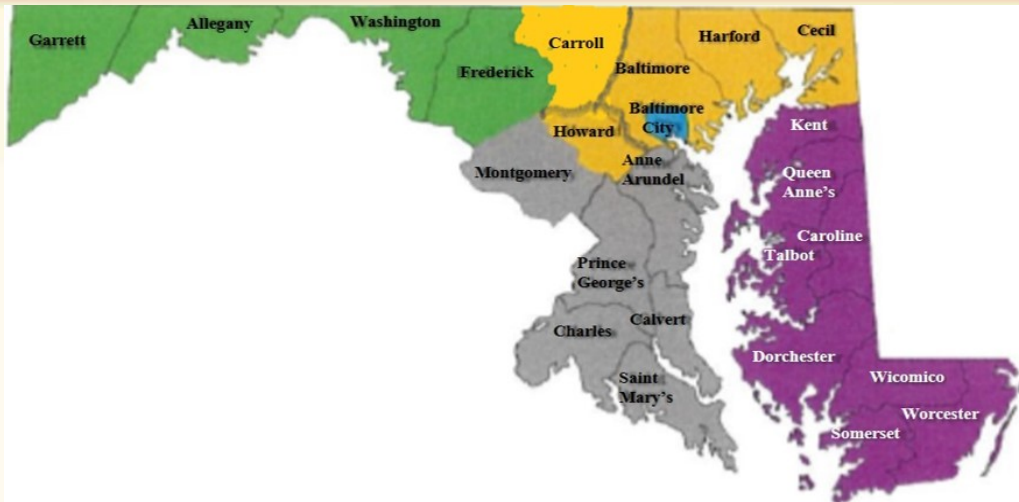
Caroline, Dorchester, Kent, Queen Anne's, Somerset,
Talbot, Wicomico and Worcester Counties



Kenneth (Kenny) Crawford, CPRS, CRC
Kenneth.Crawford@som.umaryland.edu
Mobile: 443-717-1137

REGIONAL DATA HIGHLIGHTS:

- ✓ Worcester County has the highest number of lottery retailers in the state at 187 per 100,000 population. (Maryland Lottery and Gaming Control Agency Annual Financial Report, 2019)
- ✓ In FY20 (July 2019-June 2020), help seeker calls into the Maryland Helpline from this region increased 3% over the prior year. (LACG)
- ✓ 3% of Eastern Shore Residents are disordered gamblers. (Tracy et al., 2017)



ENGAGE the Center's Peers

Western Maryland

Carin Miller, CPRS

Office: 667-214-2126; Cell: 410-299-1308

Email: carin.miller@som.umaryland.edu

Northeast Central Maryland

Kenneth (Ken) Wolfson, CPRS

Office: 667-214-2133; Cell: 443-690-9811

Email: kwolfson@som.umaryland.edu

Baltimore City

Carrie Jenkins, CPRS

Office: 667-214-2134; Cell: 410-299-1791

Email: carrie.jenkins@som.umaryland.edu

Southern Maryland

William (Will) Hinman, CPRS

Office: 667-214-2136; Cell: 443-717-2439

Email: whinman@som.umaryland.edu

Eastern Shore

Kenneth (Kenny) Crawford, CPRS

Office: 667-214-2135; Cell: 443-717-1137

Email: kenneth.crawford@som.umaryland.edu

Problem Gambling/Gambling Disorder

Resources for Help

- ✓ **Maryland Problem Gambling Helpline Number, call or text:**
1-800-GAMBLER (1-800-426-2537)
- ✓ Help Seeker Website - www.helpmygamblingproblem.org
- ✓ Maryland Coalition of Families – www.mdcoalition.org/get-help-now/Gambling or call 1-410-730-8267, Press 1.
- ✓ Gamblers Anonymous (GA) - www.gamblersanonymous.org
Local GA Meetings – www.dmvgamblinghelp.org
- ✓ Gam-Anon - www.gamanon.org
- ✓ Maryland 211, press 1: for crises
- ✓ **“No Cost Treatment” for Maryland Residents**

Additional Support from Center Staff

Overall Program Management

Mary Drexler, MSW

Program Director

Office: 667-214-2121

Email: mdrexler@som.umaryland.edu

Financial Reporting

Katrina Davis, MHRM

Business Manager

Office: 667-214-2122

Email: kydavis@som.umaryland.edu

Clinical Initiatives and Outreach

Kristen Beall, LCSW-C, CAC-AD

Clinical Manager

Office: 667-214-2123

Email: krbeall@som.umaryland.edu

Public Awareness and Training Initiatives

Donna Gaspar

Communications Manager

Office: 667-214-2124

Email: dgaspar@som.umaryland.edu

Prevention Initiatives

Heather Eshleman, MPH

Prevention Manager

Office: 667-214-2128

Email: heshleman@som.umaryland.edu

Program Support

Davene Hinton

Program Assistant

Office: 667-214-2125

Email: dhinton@som.umaryland.edu



THANK YOU!

**Enjoy the rest of
your day!**