

Don't Let The Game Get Out Of Hand It's Just Entertainment.



If you or someone you know is struggling with problems to due gambling behaviors, there is hope and there is help.



Call or text the Maryland Problem Gambling
HELPLINE **1-800-GAMBLER** (1-800-426-2537)
for referrals to “no cost treatment” counselors
and other resources.

Or visit www.militarygamblesafe.org
The road to recovery starts today!