



**Gambling should
NEVER be considered
a solution to financial
problems.**

Gambling is illegal under the age of 18.

But teens do gamble.

And for some, their gambling can get out of control. It can result in friends/family conflict, problems at school or work, and even suicide attempts.

Warning Signs of a Gambling Problem:

- Frequent gambling
- Increasing amount gambled
- Neglecting friends and family
- Preoccupation with gambling and money
- Borrowing money
- Mood swings
- Isolation, withdrawal, secretive behavior
- Gambling to win back losses (chasing)

You CAN get control of your life back. We can help!

If you or someone you know is struggling with financial issues due to gambling behaviors, call, text or chat TODAY!

1-800-GAMBLER - helpmygamblingproblem.org



The Maryland Center of Excellence
on Problem Gambling