

# Problem Gambling and the Work Place



**Gambling can be fun. But for some, gambling can get out of control and affect work performance and relationships.**

## **Signs at work there may be a Gambling Problem:**

- Work performance is deteriorating
- Frequent unexplained absences or disappearances from work
- Frequently borrows money from co-workers
- Complains about mounting debts
- Excessive use of the telephone for personal calls
- Credit card or loan bills are mailed to work rather than home

If you or someone you know is struggling with problems due to gambling behaviors, call, text or chat TODAY!

**You can get control of your life back – We can help!**

**1-800-GAMBLER - [helpmygamblingproblem.org](http://helpmygamblingproblem.org)**



The Maryland Center of Excellence  
on Problem Gambling