



**Gambling should  
NEVER be considered  
a solution to financial  
problems.**

**Gambling is illegal under the age of 18.**

**But teens do gamble.**

**And for some, their gambling can get out of control. It can result in friends/family conflict, problems at school or work, and even suicide attempts.**

### **Warning Signs of a Gambling Problem:**

- Frequent gambling
- Increasing amount gambled
- Neglecting friends and family
- Preoccupation with gambling and money
- Borrowing money
- Mood swings
- Isolation, withdrawal, secretive behavior
- Gambling to win back losses (chasing)

**You CAN get control of your life back. We can help!**

If you or someone you know is struggling with financial issues due to gambling behaviors, call, text or chat TODAY!

**1-800-GAMBLER - [helpmygamblingproblem.org](http://helpmygamblingproblem.org)**



*The Maryland Center of Excellence  
on Problem Gambling*