

Gambling and the Family



Problem gambling is not just an individual problem but can disrupt entire families. Help is available and recovery is possible for families who are dealing with a gambling addiction.

WARNING SIGNS there may be a problem:

- Preoccupation with gambling
- Unexplained debt or other financial problems
- Unaccounted for mood changes
- Isolation and withdrawal
- Missed personal items such as phones, jewelry
- Borrowing of money from family, friends or employer

If you or someone you know is struggling with problems due to gambling behaviors, call, text or chat TODAY!

1-800-GAMBLER - helpmygamblingproblem.org



UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE

The Maryland Center of Excellence
on Problem Gambling