

For some, gambling behavior can become a problem. And it's not just an individual problem, it affects the whole family.



Be **AWARE** of the risks of gambling ~ Take **ACTION** for help and hope

**If gambling is causing problems for you or any one you know, call or text the Maryland Helpline
1-800-GAMBLER (1-800-426-2537) or
visit www.helpmygamblingproblem.org**



UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE

The Maryland Center of Excellence
on Problem Gambling



PROBLEM GAMBLING
AWARENESS MONTH

→ AWARENESS + ACTION