

Breaking the **Connection** of Addiction



Substance Use and Gambling

Gambling activities for some can become an addiction. Those in active addiction or recovery from **SUBSTANCE USE** are at a higher risk for gambling addiction.

DID YOU KNOW

Gambling can be a risk factor for those in substance use recovery

Relationship violence and child abuse are correlated with problem gambling

Higher rates of suicide are found in those with problems related to gambling

BREAKING THE **CONNECTION** STARTS WITH A **CONVERSATION!**

If you or someone you know is gambling problematically, call or text the **Maryland Problem Gambling Helpline** and ask for **Peer Recovery Support. 1-800-GAMBLER** (1-800-426-2537)

or visit [HelpMyGamblingProblem.org](https://www.HelpMyGamblingProblem.org)



UNIVERSITY of MARYLAND
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on Problem Gambling

